




Updated April 2012

## Child and Family Centres

### What is it?

ACT Child and Family Centres are for families with young children in [Belconnen](#), [Gungahlin](#) and [Tuggeranong](#). The Centres focus on providing services to families with young children. The Centres are part of the Community Services Directorate. The Centres are staffed by professionals including social workers, psychologists, maternal and child health nurses and are designed to provide a range of support programs to assist parents and young children (pre-birth to eight years).

The Centres provide a range of services which include:

- Case management (ongoing support to parents with a dedicated child and family workers).
- Growing Healthy Families (community development program and parenting support for Aboriginal and Torres Strait Islander parents)
- Drop-in parenting hub - intake information for parents, referral options
- Group parenting programs including Triple P (Positive Parenting Program), Lifestyle Triple P, new parents' groups (ACT Health), Learn Giggle Grow, Paint and Play (facilitated outdoor playgroups)
- [ParentLink](#)  parenting guides – information and tips for parents
- Maternal and Child Health nurses (ACT Health)
- Midwifery clinics (ACT Health)
- Speech pathology (Therapy ACT)
- Relationships Australia counselling service
- Child and Adolescent Mental Health (CAMHS - ACT Health)
- ACT Housing appointments.

### Who runs it?

Child and Family Centres, Community Services Directorate.

### Contact

#### Gungahlin

Cnr Ernest Cavanagh Street and Gungahlin Place

GUNGAHLIN ACT 2912

Ph: (02) 6207 0120

Fax: (02) 6205 5084

Opening hours: 9am to 5pm Monday to Friday

#### Tuggeranong

159 Anketell St

GREENWAY ACT 2900

(Tuggeranong Town Centre, opposite the Hyperdome)

Ph: (02) 6207 8228

Fax: (02) 6207 0540

Opening hours: 9am to 5pm Monday - Friday

**West Belconnen**

Cnr Starke & Luke Sts

HOLT ACT 2615

Ph: (02) 6205 2904

Fax: (02) 6205 4318

Opening hours: 9am to 5pm Monday - Friday