



Updated April 2012

Room 1 Griffin Centre

What is it?

Red Cross Roadhouse Services delivers a free hot meal and information service from Room 1 in the Griffin Centre. Red Cross operates the information service 6 nights per week providing information on housing and employment and referral to other support services.

Free meals are provided daily in the late afternoon/early evening at Meeting Room 1, Griffin Centre, Genge St, Canberra City.

Mondays:

- 4:30pm-5:30pm – food provided by the Australian Red Cross.

Tuesdays:

- 4.30pm-5:30pm – food provided by the Australian Red Cross.

Wednesdays:

- 5pm-6pm – food provided by Hare Krishna Food For Life Program Canberra.

Thursdays:

- 4.30pm-5:30pm – food provided by Australian Red Cross.

Fridays:

- Mid Day-5pm – food provided by Stasia's Soup Kitchen (at Garema Place, Canberra City – *not the Griffin Centre*).

Saturdays:

- 5pm-6pm – food provided by Hare Krishna Food For Life Program Canberra.

Sundays:

- 5pm-6pm – food provided by the Masonic Lodge of Canberra.

Who is eligible?

Anyone in need may access this program.

Drop in during opening hours.

Who runs it?

Australian Red Cross – Mondays, Tuesdays and Thursdays.

Hare Krishna Food For Life Canberra – Wednesdays and Saturdays

Masonic Lodge – Sundays

Contact

Red Cross Roadhouse Service

Ph: (02) 6287 4311