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Kids Helpline

What is it?

Kids Helpline is a free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25.

Children and young people contact Kids Helpline for many reasons including:

- Family relationships
- Emotional/behavioural management
- Mental health issues
- Relationships with peers
- Relationships with partners
- Suicide-related issues
- Child abuse
- Bullying
- Grief and loss
- Homelessness or leaving home
- Study issues

Who runs it?

Kids Helpline is a service of Boystown.

Contact

1800 55 1800

Web: [Kids Helpline](#)